

WHAT is The Community Bible Reading Journal?

The CBR Journal is a Tool that can Build a Gospel-Centered, Spirit-Led, Inter-Dependent Daily Bible Reading Discipline into your Life that Guides You into a Deeper Relationship with God through His Word and a Deeper Relationship with One Another in His Word.

WHY Use The CBR Journal?

#1 – WE HAVE A **DAILY NEED** FOR THE WORD OF GOD

1. What do we know about The Israelites' Manna Gathering from the Book of Exodus?

Deuteronomy 8:3 And the LORD humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes from the mouth of the LORD.

2. What is the context of Deuteronomy 8?
3. With this in mind, what does Deuteronomy 8:3 teach us about humans?

#2 – WE HAVE A **DAILY DESIRE** FOR THE STEADFAST LOVE OF GOD

Psalms 63:1,3,5 O God, you are my God; (at dawn) I seek you; my soul thirsts for you; my flesh faints for You, as in a dry and weary land where there is no water. Because your steadfast love is better than life, my lips will praise you. My soul will be satisfied as with fat and rich food, and my mouth will praise you with joyful lips,

Psalms 143:6, 8 I stretch out my hands to you; my soul thirsts for you like a parched land. Let me hear in the morning of your steadfast love, for in you I trust. Make me know the way I should go, for to you I lift up my soul.

Psalms 90:14 Satisfy us in the morning with your steadfast love, that we may rejoice and be glad all our days.

1. What do these Psalms teach and presume about the depths of a Human each morning?
2. According to these Psalms, what will satisfy a Human's Daily Desire?
3. What will be the Result in a Human's life if they receive God's HESED daily?

4. What responsibility does a Human have in regards to being satisfied by God's HESED?
5. In their seeking, does a Human earn anything from God?
6. What will a Human do with their Daily Desire if it is not satisfied in the Gospel?

#3 – WE NEED A **DAILY REMINDER** TO RUN TO JESUS.

John 5:39 “*You (Jewish Leaders seeking to kill Jesus) search The Scriptures because you think that in them you have eternal life; and it is they that bear witness about me, 40 yet you refuse to come to me that you may have life.*”

1. How did the Jewish Leaders Interact with the Scriptures?
2. What does Jesus teach in this Scripture about The Scriptures (The Old Testament)?
3. How should John 5:39-40 impact our Daily Bible Reading?

#4 – WE RECEIVE A **DAILY ENRICHMENT** FROM COMMUNITY INTERACTION

Colossians 3:16 *Let The Word of Christ dwell in you richly, teaching and admonishing one another in all wisdom.*

1. What is “The Word of Christ”?
2. Do we have any part to play in whether or not The Word of Christ dwells in us richly?
3. What difference would it make in our lives if The Word of Christ “dwelt in us richly”?
4. How does The Word of Christ dwell in us richly?

Exodus 16:18 *But when they measured (the manna) with an omer, whoever gathered much had nothing left over, and whoever gathered little had no lack.*

1. What do we learn about Israel's Manna Gathering from Exodus 16:18?
2. Reminder – What was the ultimate lesson being taught through Manna Gathering (Deut 8:3)?
3. What does Exodus 16:18 (and Deuteronomy 8:3) teach us about Daily Bible Reading?

How to Use The CBR Journal

1. An Overview of The CBR Journal

- A. **The Introduction**...is designed for every participant before they begin and as they journey.
- B. **The Reading Schedule**...leads participants through the NT every year and the OT every three years.
But Reading through the Bible is a **CONSEQUENCE** with The CBR Journal, not a **GOAL**.
- C. **The 100 Journaling Guides**...Allow Creative Expression through Four Movements.
- D. **The Appendices**...help build a Daily Bible Reading Culture that is Gospel-Centered, Spirit-Led, Inter-Dependent.

2. Practicing the Four Movements of The CBR Journal

- A. When directed, use the Journaling Guide provided to **Surrender through Prayer**.
Slowly **Listen To** Psalm 23. Capture what is **Impactful** in regards to **Adoration** in the Adoration Box.
(Community Interaction)
- B. **Listen To** Psalm 23 again. Capture what is **Convicting** in regards to **Confession** in the Confession Box.
(Community Interaction)
- C. **Listen To** Psalm 23 again. Capture what is **Encouraging** in regards to **Thanksgiving** in the Thanksgiving Box.
(Community Interaction)
- D. **Listen To** Psalm 23 again. Capture what is **Inspiring** in regards to **Supplication** in the Supplication Box.
(Community Interaction)
- E. **Prepare for Community** by writing a few sentences on how God impacted you the most through this Passage.

3. Preparing to Use The CBR Journal

- A. Read the *Introduction* (p.2) in the near future and set a reminder to read it again in 2 weeks.
- B. If you're new to the Bible or Daily Bible Reading, focus on the NT Chapter each day for a year.
- C. Slowly "Listen To" the chapter(s) twice and use A.C.T.S. to pray through the most impactful portion(s).
- D. Participate with A CBR Journal "Group" if possible.
 - i. Use text messages to share a few sentences on how God impacted you the most each day.
 - ii. Same Gender Groups of 4-6 (with the goal of 2-3 sharing each day) seems to work best.
 - iii. It's great if this "group" overlaps with other groups in your life, but this is not necessary.
 - iv. If possible, appoint a Facilitator who is experienced in Daily Bible Reading and the Gospel.

1. SURRENDER THROUGH PRAYER.

2. LISTEN TO THE SCRIPTURES (PSALM 23).

1 The **LORD** is my shepherd; I shall not want.

2 He makes me lie down in green pastures. He leads me beside still waters.

3 He restores my soul. He leads me in paths of righteousness for his name's sake.

4 Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me;
your rod and your staff, they comfort me.

5 You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows.

6 Surely goodness and mercy shall follow me all the days of my life,
and I shall dwell in the house of the **LORD** forever.

3. PRAY THROUGH YOUR PEN.

<p style="text-align: center;">Adoration Adore and Praise God for his Attributes and Actions</p>	<p style="text-align: center;">Confession Confess your Sinfulness and acknowledge your Sins</p>
<p style="text-align: center;">Thanksgiving Thank Jesus for his Salvation (past, present, future)</p>	<p style="text-align: center;">Supplication Ask for the Spirit to transform you in particular ways</p>

4. PREPARE FOR GOSPEL COMMUNITY.

How has God impacted you the most through today's Passage?
