

# DNA Training, week 3

## INTRODUCTORY REMARKS

### A DISCIPLE'S NEED FOR A DAILY BIBLE READING DISCIPLINE

Deuteronomy 8:3

And the LORD humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know, that he might make you know...  
that man does not live by bread alone, but man lives by every word that comes from the mouth of the LORD.

### A DISCIPLE'S NEED FOR A HEALTHY DAILY BIBLE READING DISCIPLINE

#### 1. A Healthy Daily Bible Reading Discipline is GOSPEL CENTERED

John 5:39-40

You search The Scriptures because you think that in them you have eternal life; and it is they that bear witness about me, 40 yet you refuse to come to me that you may have life.

This is one of the many NT Passages that teach that the entire OT is about Jesus.  
This passage tells us the right response to any passage, especially OT passages.  
This passage clearly warns us that the right question is not "did you read?"

#### 2. A Healthy Daily Bible Reading Discipline is SPIRIT LED

2 Timothy 3:15,16

Continue in The Sacred Writings which are able to make you wise for salvation through faith in Christ. 16 All Scripture is BREATHED OUT BY GOD and is profitable for teaching, for reproof, for correction and for training in righteousness.

#### 3. A Healthy Daily Bible Reading Discipline is INTER DEPENDENT

Colossians 3:16

Let the word of Christ dwell in you richly,  
teaching and admonishing one another in all wisdom.

Independence is believing that I don't need community to have the W of C dwell richly in me.  
Over Dependence is believing that I have nothing to offer to the community when it comes to the W of C dwelling richly in us.  
Inter-Dependence is believing that I need from you what you need from me so the W of C dwells richly in us.

### A TOOL WE USE AT SUMMIT CROSSING TO BUILD A HEALTHY DAILY BIBLE READING CULTURE

The Community Bible Reading ("CBR") Journal  
The Four Sections of The CBR Journal  
The Flow of The CBR Journaling Guide

## HOW TO USE THE CBR JOURNAL TO “DISCOVER JESUS IN THE SCRIPTURES”

### Surrender through Prayer | Incorporate your ECI

1. During the Emotions Check In, each member can take simple and vague notes on How the other members are feeling and Why.
2. The Facilitator will say something like, “let’s take a minute to each write a Prayer of Surrender asking God to give us understanding and faith as He speaks His word to us through the Scriptures”.
3. Either everyone can quickly pray their Prayer of Surrender out loud or one DNA Member can pray for the group.
4. **This step should take 3-5 minutes on average.**

### Listen to the Scriptures

1. The Facilitator will choose the Passage prior to arriving for DNA.
2. They will choose from The CBR Journal Reading Schedule.
3. If the DNA meets first thing in the morning, we suggest that they choose the NT Daily Chapter or a Section from the NT Daily Chapter.
4. If the DNA meets in the afternoon or evening, we suggest they use...The Psalm from the past Saturday...The Psalm for the upcoming Saturday...A Portion from the NT Daily Chapter.
5. Choose a Passage that takes 60-90 seconds to carefully read aloud
6. Have everyone Read the Passage Silently (2 minutes)
7. Have 2 DNA members Read the Passage Aloud (4 minutes)
8. While reading the passage silently and when hearing the passage read aloud, DNA Members can make notes in the A.C.T.S. Grid as impacted by the Holy Spirit.
9. **This step should take 5-10 minutes on average.**

### Share from A.C.T.S. | Repent AND Believe

1. The Facilitator can say, “let’s take turns sharing one idea from each section of the A.C.T.S. Grid.” (*Each member will take a minute or two to talk about Adoration, Confession, Thanksgiving and Supplication.*)
2. Or the Facilitator can say, “Let’s focus on Adoration together. How did the Holy Spirit use this passage to show us why God is worthy of worship?” (*2 minutes of sharing about the Praise-Worthy Actions and Attributes of God.*) “Now, let’s focus on Confession together. How did the Holy Spirit convict us of sin and folly through this Passage?” (*2 minutes of sharing about our sin, rebellion, idolatry, folly.*) “Now, let’s focus on Thanksgiving together. How does this Passage make Jesus necessary? What does this Passage teach us about God’s Saving Work through Jesus? How did the Holy Spirit remind us of the Gospel through this Passage?” (*4 minutes of sharing about the Gospel.*) “Now, let’s focus on Supplication together. In what ways is the Spirit giving you a desire to live in a more loving and righteous way in the future?” (*2 minutes of sharing about who we want to be in the future.*)
3. The DNA must keep a watch on the need for both Confession and Thanksgiving...or Repentance and Faith.
4. **This step should take 10 minutes on average.**

### Pray through A.C.T.S. | One word to one sentence

1. The Facilitator will simply say, “Let’s pray Prayers of Adoration for a minute.” (*And Prayers of Adoration will follow*)
2. “Let’s pray Prayers of Confession for a minute.” (*And Prayers of Confession will follow.*)
3. “Let’s pray Prayers of Thanksgiving for a minute.” (*And Prayers of Thanksgiving will follow.*)
4. “Let’s pray Prayers of Supplication for a minute.” (*And Prayers of Supplication will follow.*)
5. We Highly Recommend Praying One Word to One Sentence Prayers
6. **This step should take 5-10 minutes on average.**