

# DNA Training, Session 5

## NURTURE ONE ANOTHER'S HEARTS

- A. We Nurture / Love / Serve One Another's Hearts in a Robust and Multi-Faceted Way when we:
  - 1. Engage Emotions
  - 2. Promote Repentance
  - 3. Encourage Faith
  - 4. Provide Accountability

## ENGAGE EMOTIONS

- A. In our journey of becoming more and more like Jesus, we will increasingly engage our emotions and we will increasingly engage the emotions of those around us.
  - 1. Romans 12:15-16 Rejoice with those who rejoice, weep with those who weep. [16] Live in harmony with one another.
  - 2. 1 Corinthians 12:26 If one member suffers, all suffer together; if one member is honored, all rejoice together.

## PROMOTE REPENTANCE

- A. James 5:16 Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.
- B. 1 John 1:5-10 This is the message we have heard from him and proclaim to you, that God is light, and in him is no darkness at all. [6] If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth. [7] But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. [8] If we say we have no sin, we deceive ourselves (or one another), and the truth is not in us. [9] If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. [10] If we say we have not sinned, we make him a liar, and his word is not in us.

## ENCOURAGE FAITH

- A. 1 Thessalonians 4:16-18. For the Lord himself will descend from heaven with a cry of command, with the voice of an archangel, and with the sound of the trumpet of God. And the dead in Christ will rise first. [17] Then we who are alive, who are left, will be caught up together with them in the clouds to meet the Lord in the air, and so we will always be with the Lord. [18] Therefore encourage (PARAKALEO) one another with these words.
- B. 1 Thessalonians 5:9-11 For God has not destined us for wrath, but to obtain salvation through our Lord Jesus Christ, [10] who died for us so that whether we are awake or asleep we might live with him. [11] Therefore encourage (PARAKALEO) one another and build one another up, just as you are doing.

- C. Hebrews 3:12-14 Take care, brothers, lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living God. [13] But exhort (PARAKELEO) one another every day, as long as it is called "today," that none of you may be hardened by the deceitfulness of sin. [14] For we have come to share in Christ, if indeed we hold our original confidence firm to the end.

#### PROVIDE ACCOUNTABILITY

- A. Each week, during this portion of the DNA Design, we may need to follow up with DNA members who in the previous week asked for accountability in some way.

### Exercise Instructions

- A. Spend 3-5 minutes in silent prayer. Each DNA member can ask the Holy Spirit these questions:
1. "What are some of the habitual sins or sin patterns in my life?"
  2. "What sins am I likely to commit in the future based on how regularly I have committed them in the past?"
  3. "As I think about what's on my calendar in the near future, what sins of commission and omission will I likely be tempted to commit?"
- B. During this Exercise, have every DNA Member "Repent Forward" at an appropriate depth for where they are right now in their relationships with their DNA members.
- C. After each member Repents Forward, the other members of the DNA can preach the Gospel to them and Encourage Faith in them.
1. When preaching the Gospel to one another in order to Encourage Faith, it's helpful to think in Past, Present and Future Terms.
- D. After each member Repents Forward and is Encouraged to Believe the Gospel, the other members of the DNA can Pray for Jesus to Heal and Cleanse them in this particular area.